

# *4th Annual Sacred Women's Gathering in Jamaica With Becky Bickford and Jennifer Mills*

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Are you ready to step into your sacred space  
to celebrate, to honor, and nourish yourself?

Consider spending time with us in beautiful Treasure Beach, Jamaica!

March 18 — 25, 2016

[www.TheEnergyExperience.net/SacredWomensGathering.htm](http://www.TheEnergyExperience.net/SacredWomensGathering.htm)



*This is a beautiful time for the women to gather! Our world is shifting in elegant and divine ways right now. Join us for eight days and seven nights of ceremony and enlivening, explorative workshops including Art, Writing, Energy Medicine, Yoga, Qigong, and Dance. Excursions to YS Falls and the Black River!*

*You will also have time for personal reflection, exploring the land & local culture, connecting with the self & other women. Our home for the week will be Calabash House Bed & Breakfast ([www.CalabashHouse.com](http://www.CalabashHouse.com)).*

*Please contact Becky or Jennifer for information and to reserve your space for this incredibly unique retreat. \$1225—\$1525 depending upon accommodation preference (not including airfare).*

*[BeckyBick@gmail.com](mailto:BeckyBick@gmail.com)*

*[Jennifer@TheEnergyExperience.net](mailto:Jennifer@TheEnergyExperience.net)*

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## Jennifer Mills and Becky Bickford

Jennifer and Becky share a deep passion for living, celebrating, and loving the Ecstatic Life. Their shared journey as soul sisters has been rekindled over and over again by sharing deeply reflective experiences through practice and group facilitation. The two found immediate resonance with one another years ago and have since fostered a friendship based on creating, nourishing, and sustaining sacred healing relationships with all whom they encounter.

They focus their passions of dance, yoga, energy work, writing, meditation, spirituality, and the healing arts to help themselves and others feel joyous, vibrant, and absolutely radiant as these characteristics are our birthrights traveling the earth plane during this very special time. Becky and Jennifer live in Pennsylvania and New York respectively.

