

**RELEASE OF LIABILITY AND ASSUMPTION OF RISK**

Sacred Women's Gathering in Jamaica March 18-25, 2016 Hosted by Jennifer Mills and Becky Bickford

I specifically release Jennifer Mills and Becky Bickford, their assistants, instructors, family members, employees, subsidiaries, affiliates, directors, successors, agents, assigns and others associated with this retreat from liability and assume all risk of injury, loss, damage, death, inconvenience, judgments and/or expense due to fire, bodily injury, death, property damage and/or any and all of the other types of damages arising from participation in this retreat or as a result of my traveling on a trip arranged by Jennifer Mills and Becky Bickford.

IN CONSIDERATION OF being accepted for the adventure travel that I am participating in I hereby agree as follows:

I have been informed and am aware that travel within the US, international travel and ADVENTURE TRAVEL CAN BE DANGEROUS and includes certain risks and dangers, including, but not limited to, the hazards of traveling in undeveloped areas, hazards of traveling by boat, automobile, aircraft, bicycle, on foot or by other unconventional means, accident or illness in remote places without medical facilities, dangers of wild animals, forces of nature, lack of sanitation, risk of criminal and/or terrorist activity, extreme weather conditions, physical exertions, and evacuation difficulties, should I be injured or disabled. I accept the inherent risks of the proposed trip and acknowledge that the enjoyment of adventuring beyond normal safety of home and work is in part the reason for my participation on this trip.

I HEREBY RELEASE, WAIVE, INDEMNIFY, HOLD HARMLESS, and AGREE NOT TO SUE Jennifer Mills and/or Becky Bickford for all or any liability to the undersigned, her personal representatives, heirs, assigns and next of kin, for any and all losses, damages or injuries or any claim or demand on account of injury or emotional trauma to the person or damage or loss of property of the undersigned, or on account of death, injury, loss or inconvenience resulting from any cause, including negligence of Jennifer Mills and/or Becky Bickford or others while the undersigned is participating in a retreat or any travel or other arrangements made by Jennifer Mills and Becky Bickford. I further agree that I will assume the risk of and release Jennifer Mills and/or Becky Bickford from all liability for any injury, illness or damage to my body or property or my death due to any negligent failure to obtain or administer appropriate rescue operations in the event of injury or mishap, including failure to obtain adequate medical services, to evacuate or to supply treatment, medicine, or trained rescue personnel.

I AGREE that if I am injured or become ill, Jennifer Mills and/or Becky Bickford may, at my cost, arrange medical treatment, evacuation, or any other emergency services on my behalf as Jennifer Mills and/or Becky Bickford deems essential for my safety and well being.

I am aware that should I choose not to purchase travel insurance coverage I will be liable for all costs in the case of cancellation, trip delays, damage or loss of baggage and medical emergencies howsoever caused.

I accept responsibility to have my passport in proper order. I realize I may contact the embassy or consulates of Jamaica for information.

I EXPRESSLY ACKNOWLEDGE and AGREE that ADVENTURE TRAVEL CAN BE DANGEROUS and involves serious and unpredictable risks of bodily injury, property damage and death and that the foregoing waiver and release is intended to be as broad and as inclusive as permitted by law. No change in this Agreement can be made except by a writing signed by Jennifer Mills and/or Becky Bickford. I agree that I am entering this agreement of my own free will.

Any controversy or claim arising out of or relating in any way to this Agreement, any promotional literature, representations or other information relating in any way to the trip, or the trip itself, shall be settled solely and exclusively by binding arbitration in accordance with the rules of the American Arbitration association then existing.

**IMPORTANT: YOUR SIGNATURE BELOW CONFIRMS RECEIPT AND FULL KNOWLEDGE AND ACCEPTANCE OF BOTH THE TERMS & CONDITIONS AND RELEASE OF LIABILITIES.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please Print or Type Name